

Nature's Playhouse

an all-natural play and wellness center

July 2018

Services & Event Calendar

rev. 6/26/18

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|--|---|--|--|
| <p>1</p> <p>9-10am Stroller Workout 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga</p> | <p>2</p> <p>10-10:45am Baby & Me Yoga</p> | <p>3</p> <p>10-12pm Drop In Play 6-7pm It Takes A Village</p> | <p>4</p> <p>Independence Day</p> <p><i>Closed to celebrate our Independence!</i></p> | <p>5</p> <p>10-12pm Drop In Play 6-7pm Adult Belly Dance <i>7-8pm RO La Leche League Meeting</i></p> | <p>6</p> | <p>7</p> <p>9-9:45am Yoga/Play 10-11am Dancing for Birth</p> |
| <p>8</p> <p>9-10am Stroller Workout 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga <i>2:30-5:30 Private Party</i></p> | <p>9</p> <p>10-10:45am Baby & Me Yoga <i>11-11:45am Little Wonders 6-7pm Meet, Nurse Love</i></p> | <p>10</p> <p>10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga</p> | <p>11</p> <p>10-10:45am Yoga/Play 1-3pm Drop In Play</p> | <p>12</p> <p>10-12pm Drop In Play <i>5:15-6pm Baby Sign & Storytime</i> 6-7pm Adult Belly Dance</p> | <p>13</p> <p><i>7-8:15pm Yoga Nidra Workshop</i></p> | <p>14</p> <p>9-9:45am Yoga/Play 10-11am Dancing for Birth <i>11-12:30pm Baby Wearing Group</i></p> |
| <p>15</p> <p>9-10am Stroller Workout 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga <i>4-6:30pm Wild Womens Project New Moon Circle</i></p> | <p>16</p> <p>10-10:45am Baby & Me Yoga <i>6-7pm Succulent Planter Workshop - Essential Oil Make and Take</i></p> | <p>17</p> <p>10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga</p> | <p>18</p> <p>10-10:45am Yoga/Play 1-3pm Drop In Play</p> | <p>19</p> <p>10-12pm Drop In Play 6-7pm Adult Belly Dance</p> | <p>20</p> | <p>21</p> <p>9-9:45am Yoga/Play 10-11am Dancing for Birth</p> |
| <p>22</p> <p>Parents Day</p> <p>9-10am Stroller Workout 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga</p> | <p>23</p> <p>10-10:45am Baby & Me Yoga</p> | <p>24</p> <p>10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga</p> | <p>25</p> <p>10-10:45am Yoga/Play 1-3pm Drop In Play</p> | <p>26</p> <p>10-12pm Drop In Play 6-7pm Adult Belly Dance</p> | <p>27</p> | <p>28</p> <p>9-9:45am Yoga/Play 10-11am Dancing for Birth</p> |
| <p>29</p> <p>9-10am Stroller Workout <i>9-4pm Visit us at Fusion Festival</i> 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga</p> | <p>30</p> <p>10-10:45am Baby & Me Yoga <i>5:30 - 7:30pm Carseat Safety</i></p> | <p>31</p> <p>10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga</p> | <p>1</p> <p>10-10:45am Yoga/Play 1-3pm Drop In Play</p> | <p>2</p> <p>10-12pm Drop In Play 6-7pm Adult Belly Dance</p> | <p>3</p> | <p>4</p> <p>9-9:45am Yoga/Play 10-11am Dancing for Birth</p> |

Services available by appointment:

Reflexology and Reiki (with Tanja): Mon, Wed & Fridays 6-9pm,
Fridays 12-3pm and Sundays 5:30-8:30pm

Massage (with Larissa): Tuesdays & Fridays 10am-12pm

CranioSacral Therapy (with Preya): Tuesdays 3-6pm

In Home Lactation Services (with Jennifer): On Call Mon-Friday 9-2pm & 6-8pm

Counseling Services: See website for availability Day, Evening & Weekend Availability

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