

Nature's Playhouse

an all-natural play and wellness center

August 2018

Services & Event Calendar

rev. 7/30/18

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29 9-10am Stroller Workout 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga	30 10-10:45am Baby & Me Yoga <i>5:30 – 7:30pm Carseat Safety</i>	31 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	1 10-10:45am Yoga/Play 1-3pm Drop In Play	2 10-12pm Drop In Play 6-7pm Adult Belly Dance <i>7-8pm RO La Leche League Meeting</i>	3 <i>7-8:15pm Yoga Nidra Workshop</i>	4 9-9:45am Yoga/Play 10-11am Dancing for Birth
5 9-10am Stroller Workout 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga	6 10-10:45am Baby & Me Yoga	7 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	8 10-10:45am Yoga/Play 1-3pm Drop In Play	9 10-12pm Drop In Play <i>5:15-6pm Baby Sign & Storytime</i> 6-7pm Adult Belly Dance	10	11 9-9:45am Yoga/Play 10-11am Dancing for Birth <i>11-12:30pm Baby Wearing Group</i>
12 9-10am Stroller Workout 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga <i>4-6:30pm Wild Womens Project New Moon Circle</i>	13 10-10:45am Baby & Me Yoga <i>11-11:45am Little Wonders</i> <i>6-7pm Meet, Nurse Love</i>	14 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	15 10-10:45am Yoga/Play 1-3pm Drop In Play <i>5:30 Zumbini Demo</i>	16 10-12pm Drop In Play 6-7pm Adult Belly Dance	17	18 9-9:45am Yoga/Play 10-11am Dancing for Birth <i>2-2:45pm Baby Sign & Storytime</i>
19 9-10am Stroller Workout 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga	20 10-10:45am Baby & Me Yoga <i>6-7pm "Kick the Crud" Back to School Essential Oil Class & Immunity Roller</i>	21 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	22 10-10:45am Yoga/Play 1-3pm Drop In Play 5:30-6:15pm Beating Disaster Children's Self Defense Class 1/4	23 10-12pm Drop In Play 6-7pm Adult Belly Dance	24	25 9-9:45am Yoga/Play 10-11am Dancing for Birth
26 9-10am Stroller Workout 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga	27 10-10:45am Baby & Me Yoga <i>5:30 – 7:30pm Carseat Safety</i>	28 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	29 10-10:45am Yoga/Play 1-3pm Drop In Play 5:30-6:15pm Beating Disaster Children's Self Defense Class 2/4	30 10-12pm Drop In Play <i>4:30-5:30 Infant CPR/First Aid</i> 6-7pm Adult Belly Dance	31	1 9-9:45am Yoga/Play 10-11am Dancing for Birth

Services available by appointment:

Reflexology and Reiki (with Tanja): Mon, Wed & Fridays 6-9pm,
Fridays 12-3pm and Sundays 5:30-8:30pm
Massage (with Larissa): Tuesdays & Fridays 10am-12pm

CranioSacral Therapy (with Preya): Tuesdays 3-6pm
In Home Lactation Services (with Jennifer): On Call Mon-Friday 9-2pm & 6-8pm
Counseling Services: See website for availability Day, Evening & Weekend Availability

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