

Nature's Playhouse

an all-natural play and wellness center

February 2019

Services & Event Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27 10am-12pm Drop In Play 12:30-1:30pm Prenatal Yoga	28 9-9:45:45am Baby & Me Yoga 10-10:45am Yoga Play 11-11:45am Little Wonders 2/8	29 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	30 9-9:45am Little Movers Yoga & Movement 10-12pm Drop In Play 7-9pm Hypnobirthing 1/5	31 6-7pm Adult Belly Dance & Play	1 9-9:45am Postnatal Core Restore 10am-12pm Drop In Play	2 9-9:45am Yoga/Play 10-11am Dancing for Birth
3 10am-12pm Drop In Play 12:30-1:30pm Prenatal Yoga <i>4-6:30 Wild Woman Circle</i>	4 9-9:45:45am Baby & Me Yoga 10-10:45am Yoga Play 11-11:45am Little Wonders 3/8	5 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	6 9-9:45am Little Movers Yoga 10-12pm Drop In Play <i>5:30-6:30pm Picking a Safe Sitter</i> 7-9pm Hypnobirthing 2/5	7 6-7pm Adult Belly Dance & Play	8 9-9:45am Postnatal Core Restore 10am-12pm Drop In Play	9 9-9:45am Yoga/Play 10-11am Dancing for Birth <i>11-12:30pm Baby Wearing Group</i>
10 10am-12pm Drop In Play 12:30-1:30pm Prenatal Yoga	11 9-9:45:45am Baby & Me Yoga 10-10:45am Yoga Play <i>6-7pm Meet, Nurse, Love</i>	12 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	13 9-9:45am Little Movers Yoga & Movement 10-12pm Drop In Play 5:30-6:15pm Zumbini 1/6 7-9 Hypnobirthing 3/5	14 Valentines Day 6-7pm Adult Belly Dance & Play <i>7-8pm RO La Leche League Meeting</i>	15 9-9:45am Postnatal Core Restore 10am-12pm Drop In Play	16 9-9:45am Yoga/Play 10-11am Dancing for Birth
17 10am-12pm Drop In Play 12:30-1:30pm Prenatal Yoga	18 9-9:45:45am Baby & Me Yoga 10-10:45am Yoga Play 11-11:45am Little Wonders 4/8	19 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	20 9-9:45am Little Movers Yoga & Movement 10-12pm Drop In Play 5:30-6:15pm Zumbini 2/6 7-9pm Hypnobirthing 4/5	21 6-7pm Adult Belly Dance & Play	22 10am-12pm Drop In Play	23 9-9:45am Yoga/Play 10-11am Dancing for Birth
24 10am-12pm Drop In Play 12:30-1:30pm Prenatal Yoga <i>4-5:30pm LGBTQ Family Support Group</i>	25 9-9:45:45am Baby & Me Yoga 10-10:45am Yoga Play 11-11:45am Little Wonders 5/8	26 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	27 9-9:45am Little Movers Yoga & Movement 10-12pm Drop In Play 5:30-6:15pm Zumbini 3/6 7-9pm Hypnobirthing 5/5	28 6-7pm Adult Belly Dance & Play	1 9-9:45am Postnatal Core Restore 10am-12pm Drop In Play	2 9-9:45am Yoga/Play 10-11am Dancing for Birth

Services available by appointment:

Reflexology and Reiki (with Tanja): Mon & Fridays 6-9pm,

Thur 9-1pm and Sundays 5:30-8:30pm

CranioSacral Therapy (with Preya): Tuesdays 4-6pm

In Home Lactation Services (with Jennifer): On Call/Mon-Friday 9-2pm & 6-8pm

Counseling Services: See website for availability Day, Evening & Weekend Availability

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