

Nature's Playhouse

an all-natural play and wellness center

July 2019

Services & Event Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga	1 9-9:45am Baby & Me Yoga 10-10:45am Yoga Play	2 10-12pm Drop In Play 6-7pm It Takes A Village	3 9-9:45am Little Movers Yoga & Movement 10-12pm Drop In Play	4 Independence Day Closed to celebrate our Independence!	5 9-9:45am Postnatal Core Restore	6 9-9:45am Yoga/Play 10-11am Dancing for Birth
7 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga	8 9-9:45am Baby & Me Yoga 11-11:45am Intro to Karate 10-10:45am Yoga Play 6-7pm Meet, Nurse Love	9 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	10 9-9:45am Little Movers Yoga & Movement 10-12pm Drop In Play	11 10-12pm Drop In Play 5:15-6pm Baby Sign Mini Series 1/3 6-6:45pm Adult Belly Dance & Play 7-8pm RO La Leche League	12 9-9:45am Postnatal Core Restore 10-10:45 Baby Sign Mini Series 1/3	13 9-9:45am Yoga/Play 11-12:30pm Baby Wearing Group 9-3pm Ferndale's Fitness Festival
14 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga	15 9-9:45am Baby & Me Yoga 10-10:45am Yoga Play 11-11:45am Karate Summer Series 1/3 6:15-7pm Infant Massage 1/4	16 10-12pm Drop In Play 6-7pm Oakland County Breastfeeding Coalition Meeting 7:30-8:30pm Prenatal Yoga	17 9-9:45am Little Movers Yoga & Movement 10-12pm Drop In Play 5:30-6:30pm Keeping my Little Runner Safe	18 10-12pm Drop In Play 5:15-6pm Baby Sign Mini Series 2/3 6-6:45pm Adult Belly Dance & Play	19 9-9:45am Postnatal Core Restore 10-10:45 Baby Sign Mini Series 2/3 7-8:30pm Reiki Share	20 9-9:45am Yoga/Play 10-10:45 Yoga en Español
21 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga	22 9-9:45am Baby & Me Yoga 10-10:45am Yoga Play 11-11:45am Karate Summer Series 2/3 6:15-7pm Infant Massage 2/4 5:30-7:30pm Car Seat Safety	23 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	24 9-9:45am Little Movers Yoga & Movement 10-12pm Drop In Play	25 10-12pm Drop In Play 5:15-6pm Baby Sign Mini Series 3/3 2-2:45pm STEAM Workshop 6-6:45pm Adult Belly Dance	26 9-9:45am Postnatal Core Restore 10-10:45 Baby Sign Mini Series 3/3	27 9-9:45am Yoga/Play 10-11am Dancing for Birth
28 Parents Day 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga 2-5pm Kid's Reiki	29 9-9:45am Baby & Me Yoga 10-10:45am Yoga Play 11-11:45am Karate Summer Series 3/3 6:15-7pm Infant Massage 3/4	30 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	31 9-9:45am Little Movers Yoga & Movement 10-12pm Drop In Play	1 10-12pm Drop In Play 6-6:45pm Adult Belly Dance & Play	2 9-9:45am Postnatal Core Restore	3 9-9:45am Yoga/Play 10-11am Dancing for Birth

Services available by appointment:

Reflexology and Reiki (with Tanja): Mon & Fridays 5:30-9pm,
Sundays 2-7pm

CranioSacral Therapy (with Preya): Tuesdays 3-6pm

In Home Lactation Services (with Jennifer): On Call Mon-Friday 9-2pm & 6-8pm
Counseling Services: See website for availability Day, Evening & Weekend Availability

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