

Nature's Playhouse

an all-natural play and wellness center

August 2019

Services & Event Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga	29 9-9:45am Baby & Me Yoga 10-10:45am Yoga Play 6:15-7pm Infant Massage 3/4	30 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	31 10-12pm Drop In Play	1 10-12pm Drop In Play 6-6:45pm Adult Belly Dance & Play	2 9-9:45am Postnatal Core Restore 10-11:30 The Global Big Latch On!	3 9-9:45am Yoga/Play
4 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga 2-4:30pm Wild Woman New Moon Circle	5 9-9:45am Baby & Me Yoga 10-10:45am Yoga Play 6:15-7pm Infant Massage 4/4	6 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	7 10-12pm Drop In Play	8 10-12pm Drop In Play 6-6:45pm Adult Belly Dance & Play 7-8pm RO La Leche League Meeting	9 9-9:45am Postnatal Core Restore 10-10:45am Little Learners Summer Workshop	10 9-9:45am Yoga/Play 11-12:30pm Baby Wearing Group
11 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga	12 9-9:45am Baby & Me Yoga 10-10:45am Yoga Play 11-11:45am STEAM Workshop 6-7pm Meet, Nurse Love	13 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	14 10-12pm Drop In Play 5:30-6:15pm Zumbini Demo	15 10-12pm Drop In Play 6-6:45pm Adult Belly Dance & Play	16 9-9:45am Postnatal Core Restore 10-10:45am Baby Sign Mini Series 1/3 7-8:30pm Reiki Share	17 9-9:45am Yoga/Play
18 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga 2-6pm Reflexology for Women	19 9-9:45am Baby & Me Yoga 10-10:45am Yoga Play	20 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	21 10-12pm Drop In Play 5:30-7pm Raising Non-Violent Children	22 10-12pm Drop In Play 6-6:45pm Adult Belly Dance & Play	23 9-9:45am Postnatal Core Restore 10-10:45am Baby Sign Mini Series 2/3	24 9-9:45am Yoga/Play
25 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga	26 9-9:45am Baby & Me Yoga 10-10:45am Yoga Play 5:30-7:30pm Car Seat Safety	27 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	28 10-12pm Drop In Play	29 10-12pm Drop In Play 6-6:45pm Adult Belly Dance & Play	30 9-9:45am Postnatal Core Restore 10-10:45am Baby Sign Mini Series 3/3	31 9-9:45am Yoga/Play

Services available by appointment:

Reflexology and Reiki (with *Tanja*): Mon & Fridays 5:30-9pm,
Sundays 2-7pm

CranioSacral Therapy (with *Preya*): Tuesdays 3-6pm

In Home Lactation Services (with *Jennifer*): On Call Mon-Friday 9-2pm & 6-8pm
Counseling Services: See website for availability Day, Evening & Weekend Availability

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