

Nature's Playhouse

an all-natural play and wellness center

October 2019

Services & Event Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga	30 10-10:45am Yoga Play 11-11:45am Little Wonders 2/8	1 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	2 9-9:45am Baby & Me Yoga 10-12pm Drop In Play	3 10-12pm Drop In Play 6-6:45pm Adult Belly Dance & Play	4 7-8:30pm Yoga Nidra	5 9-9:45am Yoga Play 10-10:45am Postnatal Core Restore 4-6pm Wild Women New Moon Circle
6 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga 3:30-4:15pm Baby Sign Mini Series 1/3	7 10-10:45am Yoga Play 11-11:45am Little Wonders 3/8	8 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	9 9-9:45am Baby & Me Yoga 10-12pm Drop In Play 5:30-6:15pm Zumbini 5/6	10 10-12pm Drop In Play 6-6:45pm Adult Belly Dance & Play 7-8pm RO La Leche	11 10-10:45am Little Wonders Drop In Class	12 9-9:45am Yoga Play 10-10:45am Postnatal Core Restore 11-12:30pm Baby Wearing Group 3-5 pm Private Rental
13 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga 3:30-4:15pm Baby Sign Mini Series 2/3	14 6-7pm Meet, Nurse, Love 10-10:45am Yoga Play 11-11:45am Little Wonders 4/8	15 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	16 9-9:45am Baby & Me Yoga 10-12pm Drop In Play 5:30-6:15pm Zumbini 5/6	17 10-12pm Drop In Play 6-6:45pm Adult Belly Dance & Play	18 10:30-12Pm PJ Library Stories and Sensory Shabbat! 1-4pm Healing from Physical and Emotional Pain through Yoga: Training for Providers	19 9-9:45am Yoga Play 10-10:45am Postnatal Core Restore 12-8pm Reiki 2 Training
20 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga 3:30-4:15pm Baby Sign Mini Series 3/3	21 10-10:45am Yoga Play 11-11:45am Little Wonders 5/8	22 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	23 5:30-6:15pm Don't Mess with Mama: Boddy Guard Training	24 10-12pm Drop In Play 6-6:45pm Adult Belly Dance & Play	25	26 9-9:45am Yoga Play 10-10:45am Postnatal Core Restore
27 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga 4-5:30pm LGBTQ Family Support Group	28 10-10:45am Yoga Play 11-11:45am Little Wonders 6/8	29 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	30 9-9:45am Baby & Me Yoga 10-12pm Drop In Play	31 10-12pm Drop In Play 6-6:45pm Adult Belly Dance & Play	1	2 9-9:45am Yoga Play 10-10:45am Postnatal Core Restore

Services available by appointment:

Reflexology and Reiki (with Tanja): Mon & Fridays 5:30-9pm
Sundays 2-7pm

CranioSacral Therapy (with Preya): Tuesdays 3-6pm

In Home Lactation Services (with Jennifer): On Call Mon-Friday 9-2pm & 6-8pm

Counseling Services: See website for Day, Evening & Weekend Availability

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