

Nature's Playhouse November 2019

an all-natural play and wellness center

Services & Event Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga 4-5:30pm LGBTQ Family Support Group	28 10-10:45am Yoga Play 11-11:45am Little Wonders 6/8	29 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	30 9-9:45am Baby & Me Yoga 10-12pm Drop In Play	31 10-12 pm Drop In Play	1 12:30-2pm Mommy Steps 1/6	2 9-9:45am Yoga/Play 10-10:45am Postnatal Core Restore 3-5pm Private event
3 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga 2-5pm The Ultimate workshop on Pelvic Floor & Core Health	4 10-10:45am Yoga Play 11-11:45am Little Wonders 7/8	5 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	6 9-9:45am Baby & Me Yoga 10-12pm Drop In Play 5:30-6:30pm Picking a Safe Sitter	7 10-12pm Drop In Play 6-6:45pm Adult Belly Dance & Play	8 10-10:45am Little Wonders Drop In Class 12:30-2pm Mommy Steps 2/6	9 9-9:45am Yoga/Play 10-10:45am Postnatal Core Restore 11-12:30pm Baby Wearing Group
10 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga	11 10-10:45am Yoga Play 11-11:45am Little Wonders 8/8 6-7pm Meet, Nurse Love	12 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	13 9-9:45am Baby & Me Yoga 10-12pm Drop In Play	14 10-12pm Drop In Play 6-6:45pm Adult Belly Dance & Play 7-8pm RO La Leche	15 10:30-12Pm PJ Library Stories and Sensory Shabbat! 12:30-2pm Mommy Steps 3/6 7-8:30pm Yoga Nidra	16 9-9:45am Yoga/Play 10-10:45am Postnatal Core Restore 7-8:30pm Partner Prenatal Yoga
17 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga 3-5pm Happy 8th Birthday Nature's Playhouse Event!	18 10-10:45am Yoga Play	19 10-12pm Drop In Play 5:30-8pm Metro-Detroit Infant Mental Health Boad Meeting	20 9-9:45am Baby & Me Yoga 10-12pm Drop In Play	21 10-12pm Drop In Play 6-6:45pm Adult Belly Dance & Play	22 12:30-2pm Mommy Steps 4/6	23 9-9:45am Yoga/Play 10-10:45am Postnatal Core Restore
24 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga 4-5:30pm LGBTQ Family Support Group	25 10-10:45am Yoga Play 5:30 - 7:30pm Carseat Safety 6-6:45 Infant Massage (1/4)	26 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	27 9-9:45am Baby & Me Yoga 10-12pm Drop In Play	28 CLOSED Happy Thanksgiving	29	30 9-9:45am Yoga/Play 10-10:45am Postnatal Core Restore Shop Small Online Sales!

Services available by appointment:

Reflexology and Reiki (with Tanja): Mon & Fridays 5:30-9pm

Sundays 2-7pm

CranioSacral Therapy (with Preya): Tuesdays 3-6pm

In Home Lactation Services (with Jennifer): On Call Mon-Friday 9-2pm & 6-8pm

Counseling Services: See website for Day, Evening & Weekend Availability

703 Livernois, Ferndale, MI 48220 | ph: 248.955.3219 www.naturesplayhouse.com