

Nature's Playhouse

an all-natural play and wellness center

December 2019

Services & Event Calendar

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Services available by appointment:

Reflexology and Reiki (with *Tanja*): Mon, Fridays 5:30-7pm & Sundays 2-7pm

CranioSacral Therapy (with *Preya*): Tuesdays 3-6pm

Chiropractic Services (with *Dr. Meagen*) Home Visits: Mon and Wed 7am-3pm

In Home Lactation Services (with *Jennifer*): On Call Mon-Friday 9-2pm & 6-8pm

Counseling Services: See website for Day, Evening & Weekend Availability

703 Livernois, Ferndale, MI 48220 | ph: 248.955.3219 www.naturesplayhouse.com

1 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga	2 10-10:45am Yoga Play 6-6:45 Infant Massage (2/4)	3 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	4 9-9:45am Baby & Me Yoga 10-12pm Drop In Play 5:30-7pm Raising Non-Violent Children 8pm Moonbeams for Sweet Dreams	5 10-12m pm Drop In Play	6 12:30-2pm Mommy Steps 5/6	7 9-9:45am Yoga/Play 10-10:45am Postnatal Core Restore 2-4pm Private Event
8 10-12pm Sponsored FREE Drop In Play 12:30-1:30pm Prenatal Yoga	9 10-10:45am Yoga Play 6-7pm Meet, Nurse Love 6-6:45 Infant Massage (3/4)	10 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	11 9-9:45am Baby & Me Yoga 10-12pm Drop In Play 6-6:45pm Zumbini Demo - No Way, José!	12 10-12m pm Drop In Play 6-6:45pm Adult Belly Dance & Play 7-8pm RO La Leche	13 10-10:45am Little Wonders Drop In Class 12:30-2pm Mommy Steps 6/6	14 9-9:45am Yoga/Play 10-10:45am Postnatal Core Restore 11-12:30pm Baby Wearing Group
15 10-12pm Sponored FREE Drop In Play 12:30-1:30pm Prenatal Yoga 5-7pm MUTU Private Event	16 10-10:45am Yoga Play 6-6:45 Infant Massage (4/4)	17 10-12pm Drop In Play 6-7pm It Takes A Village 7:30-8:30pm Prenatal Yoga	18 9-9:45am Baby & Me Yoga 10-12pm Drop In Play	19 10-12m pm Drop In Play 6-6:45pm Adult Belly Dance & Play	20 10:30-12Pm PJ Library Stories and Sensory Shabbat!	21 9-9:45am Yoga/Play 10-10:45am Postnatal Core Restore
22 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga 4-5:30pm LGBTQ Family Support Group	23 10-10:45am Yoga Play	24 CLOSED Happy Holidays	25 CLOSED Happy Holidays	26 10-12m pm Drop In Play 6-6:45pm Adult Belly Dance & Play	27	28 9-9:45am Yoga/Play 10-10:45am Postnatal Core Restore
29 10-12pm Drop In Play 12:30-1:30pm Prenatal Yoga 4-6pm Wild Women New Moon Circle	30 10-10:45am Yoga Play	31 CLOSED for New Years Eve	1 CLOSED for New Years	2 10-12m pm Drop In Play 6-6:45pm Adult Belly Dance & Play	3	4 9-9:45am Yoga/Play 10-10:45am Postnatal Core Restore