

Nature's Playhouse

an all-natural play and wellness center

July 2020

Services & Event Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29 10-10:45am Virtual Yoga Play 7-7:30 Mindful Mondays	30 10-10:30am Virtual Drop In Play - Story Time 6-7pm It Takes A Village	1 9-9:45am Virtual Postnatal Core Restore 10-10:30am Virtual Drop In Play - Zumbini	2 6-6:45pm Virtual Adult Belly Dance & Play	3	4 Independence Day Closed to celebrate our Independence!
5	6 10-10:45am Virtual Yoga Play 6-7pm Virtual Meet, Nurse, Love	7 10-10:30am Virtual Drop In Play - Story Time 6-7pm It Takes A Village	8 9-9:45am Outdoor Postnatal Core Restore 10-10:30am Virtual Drop In Play - Zumbini	9 9-9:30 Outdoor Wiggles Workout 6-6:45pm Virtual Adult Belly Dance & Play 7-8pm Virtual La Leche League Meeting	10	11 9-9:45am Virtual Yoga/Play 10-10:45am Virtual Postnatal Core Restore 11-12:30 Babywearing Group
12	13 10-10:45am Virtual Yoga Play 4-4:30 Virtual Baby Sign & Story Time	14 10-10:30am Virtual Drop In Play - Story Time 6-7pm It Takes A Village	15 9-9:45am Outdoor Postnatal Core Restore 10-10:30am Virtual Drop In Play - Zumbini	16 6-6:45pm Virtual Adult Belly Dance & Play	17	18 9-9:45am Virtual Yoga/Play 10-10:45am Virtual Postnatal Core Restore
19 6:30-8:30 Outdoor Wild Women New Moon Circle	20 10-10:45am Virtual Yoga Play	21 10-10:30am Virtual Drop In Play - Story Time 6-7pm It Takes A Village	22 9-9:45am Outdoor Postnatal Core Restore 10-10:30am Virtual Drop In Play - Zumbini	23 6-6:45pm Virtual Adult Belly Dance & Play	24 10-10:30 Little Wonders Zooms into Summer	25 9-9:45am Virtual Yoga/Play 10-10:45am Virtual Postnatal Core Restore
26 Parents Day	27 10-10:45am Virtual Yoga Play	28 10-10:30am Virtual Drop In Play - Story Time 6-7pm It Takes A Village	29 9-9:45am Outdoor Postnatal Core Restore 10-10:30am Virtual Drop In Play - Zumbini	30 6-6:45pm Virtual Adult Belly Dance & Play	31	1 9-9:45am Virtual Yoga/Play 10-10:45am Virtual Postnatal Core Restore

Services available by appointment:

Reflexology and Reiki (with Tanja): Mon & Fridays 5:30-9pm,
Sundays 2-7pm

CranioSacral Therapy (with Preya): Tuesdays 3-6pm

In Home Lactation Services (with Jennifer): On Call Mon-Friday 9-2pm & 6-8pm

Counseling Services: See website for availability Day, Evening & Weekend Availability

Chiropractic Services (with Dr. Meagen) Home Visits: Mon & Wed 7am-3pm

703 Livernois, Ferndale, MI 48220 | ph: 248.955.3219 www.naturesplayhouse.com