

# Nature's Playhouse

an all-natural play and wellness center

# July 2020

Services & Event Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29 10-10:45am Virtual Yoga Play 7-7:30pm Mindful Mondays	30 10-10:30am Virtual Storytime 6-7pm Virtual It Takes A Village	1 9-9:45am Virtual Postnatal Core Restore 10-10:30am Virtual Zumbini	2 6-6:45pm Virtual Adult Belly Dance & Play	3	4 Independence Day  <b>Closed for the holiday!</b>
5	6 10-10:45am Virtual Yoga Play 6-7pm Virtual Meet, Nurse Love	7 10-10:30am Virtual Storytime 6-7pm Virtual It Takes A Village	8 9-9:45am Outdoor Postnatal Core Restore 10-10:30am Virtual Zumbini	9 9:30-10am Outdoor Web & Wiggles Workout 6-6:45pm Virtual Adult Belly Dance & Play 7-8pm Virtual RO La Leche League	10	11 9-9:45am Virtual Yoga/Play 10-10:45am Virtual Postnatal Core Restore
12	13 10-10:45am Virtual Yoga Play 4:30pm Virtual Baby Sign & Storytime	14 10-10:30am Virtual Storytime 6-7pm Virtual It Takes A Village	15 9-9:45am Outdoor Postnatal Core Restore 10-10:30am Virtual Zumbini	16 6-6:45pm Virtual Adult Belly Dance & Play	17	18 9-9:45am Virtual Yoga/Play 10-10:45am Virtual Postnatal Core Restore
19 6:30-8:30pm Outdoor Wild Woman New Moon Circle	22 10-10:45am Virtual Yoga Play	21 10-10:30am Virtual Storytime 6-7pm Virtual It Takes A Village	22 9-9:45am Outdoor Postnatal Core Restore 10-10:30am Virtual Zumbini	23 6-6:45pm Virtual Adult Belly Dance & Play	24 10-10:30am Little Wonders Zooms into Summer	25 9-9:45am Virtual Yoga/Play 10-10:45am Virtual Postnatal Core Restore
26 Parents Day	27 10-10:45am Virtual Yoga Play	28 10-10:30am Virtual Storytime 6-7pm Virtual It Takes A Village	29 9-9:45am Outdoor Postnatal Core Restore 10-10:30am Virtual Zumbini	30 6-6:45pm Virtual Adult Belly Dance & Play	31	1 9-9:45am Virtual Yoga/Play 10-10:45am Virtual Postnatal Core Restore

**Services available by appointment:**

**Reflexology and Reiki** (with Tanja): Mon, Fridays 5:30-7pm & Sundays 2-7pm  
**CranioSacral Therapy** (with Preya): Tuesdays 4-6pm  
**Chiropractic Services** (with Dr. Meagen) **Home Visits:** Mon & Wed 7am-3pm

**Outdoor classes - weather permitting**

**In Home Lactation Services** (with Jennifer): On Call/Mon-Friday 9-2pm & 6-8pm  
**Counseling Services:** See website for availability Day, Evening & Weekend Availability