

# Nature's Playhouse

an all-natural play and wellness center

# September 2020

Services & Event Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31 10-10:45am Virtual Yoga Play	1 10-10:30am Virtual Drop In Play - Story Time 6-7pm It Takes A Village	2	3 6-6:45pm Virtual Adult Belly Dance & Play	4	5
6	7 <b>Closed for LABOR DAY!</b>	8 10-10:30am Virtual Drop In Play - Story Time 6-7pm It Takes A Village 7:30-8:30pm Virtual Prenatal Yoga	9	10 6-6:45pm Virtual Adult Belly Dance & Play	11	12 9-9:45am Virtual Yoga/Play 10-10:45am Virtual Postnatal Core Restore
13	14 10-10:45am Virtual Yoga Play 6-7pm Virtual Meet, Nurse, Love	15 10-10:30am Virtual Drop In Play - Story Time 6-7pm It Takes A Village 7:30-8:30pm Virtual Prenatal Yoga	16 5-5:45pm Outdoor Wiggles Workout	17 6-6:45pm Virtual Adult Belly Dance & Play	18	19 9-9:45am Virtual Yoga/Play 10-10:45am Virtual Postnatal Core Restore 11:00-11:45am Outdoor Art Class for pre-schoolers (3-5yr)
20	21 10-10:45am Virtual Yoga Play 4:30-5:30 Press Pause (1/6)	22 10-10:30am Virtual Drop In Play - Story Time 6-7pm It Takes A Village 7:30-8:30pm Virtual Prenatal Yoga	23 5-5:45m Outdoor Wiggles Workout	24 6-6:45pm Virtual Adult Belly Dance & Play 8:30-9:30pm Virtual La Leche League Meeting	25 7-8:30p Virtual Partner Prenatal Yoga Workshop	26 9-9:45am Virtual Yoga/Play 10-10:45am Virtual Postnatal Core Restore
27 7-8pm Self-care Sundays for Educators	28 10-10:45am Virtual Yoga Play 4:30-5:30 Press Pause (2/6)	29 10-10:30am Virtual Drop In Play - Story Time 6-7pm It Takes A Village 7:30-8:30pm Virtual Prenatal Yoga	30 5-5:45pm Outdoor Wiggles Workout	1 6-6:45pm Virtual Adult Belly Dance & Play	2	3 9-9:45am Virtual Yoga/Play 10-10:45am Virtual Postnatal Core Restore

## Services available by appointment:

**Reflexology and Reiki** (with *Tanja*): Mon & Fridays 5:30-9pm,

Sundays 2-7pm

**CranioSacral Therapy** (with *Preya*): Tuesdays 3-6pm

**In Home Lactation Services** (with *Jennifer*): On Call Mon-Friday 9-2pm & 6-8pm

**Counseling Services**: See website for availability Day, Evening & Weekend Availability

**Chiropractic Services** (with *Dr. Meagen*) Home Visits: Mon & Wed 7am-3pm

703 Livernois, Ferndale, MI 48220 | ph: 248.955.3219 [www.naturesplayhouse.com](http://www.naturesplayhouse.com)