

Nature's Playhouse

an all-natural play and wellness center

October 2020

Services & Event Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27 7-8pm Self-care Sundays for Educators	28 10-10:45am Virtual Yoga Play 4:30-5:30 Press Pause (2/6)	29 10-10:30am Virtual Drop In Play - Story Time 6-7pm It Takes A Village 7:30-8:30pm Virtual Prenatal Yoga	30 5-5:45pm Outdoor Wiggles Workout	1 6-6:45pm Virtual Adult Belly Dance & Play	2	3 9-9:45am Virtual Yoga/Play 10-10:45am Virtual Postnatal Core Restore
4 7-8pm Self-care Sundays for Educators	5 10-10:45am Virtual Yoga Play 4:30-5:30 Press Pause (3/6)	6 10-10:30am Virtual Drop In Play - Story Time 6-7pm It Takes A Village 7:30-8:30pm Virtual Prenatal Yoga	7 5-5:45pm Outdoor Wiggles Workout	8 6-6:45pm Adult Belly Dance & Play	9	10 9-9:45am Yoga Play 10-10:45am Postnatal Core Restore 11-12:30pm Virtual Baby Wearing Group
11 7-8pm Self-care Sundays for Educators	12 10-10:45am Virtual Yoga Play 4:30-5:30 Press Pause (4/6) 6-7pm Virtual Meet, Nurse, Love	13 10-10:30am Virtual Drop In Play - Story Time 6-7pm It Takes A Village 7:30-8:30pm Virtual Prenatal Yoga	14 5-5:45pm Outdoor Wiggles Workout	15 6-6:45pm Virtual Adult Belly Dance & Play	16	17 9-9:45am Virtual Yoga/Play 10-10:45am Virtual Postnatal Core Restore
18 7-8pm Self-care Sundays for Educators	19 10-10:45am Virtual Yoga Play 4:30-5:30 Press Pause (5/6)	20 10-10:30am Virtual Drop In Play - Story Time 6-7pm It Takes A Village 7:30-8:30pm Virtual Prenatal Yoga	21 5-5:45pm Outdoor Wiggles Workout 4-4:45pm Big Brothers, Big Sisters Big Changes!! - Sibling 101 Virtual Workshop	22 6-6:45pm Virtual Adult Belly Dance & Play 8:30-9:30pm Virtual La Leche League Meeting	23	24 9-9:45am Virtual Yoga/Play 10-10:45am Virtual Postnatal Core Restore
25 10-10:45am Halloween Themed Outdoor Art Exploration	26 10-10:45am Virtual Yoga Play 4:30-5:30 Press Pause (6/6)	27 10-10:30am Virtual Drop In Play - Story Time 6-7pm It Takes A Village 7:30-8:30pm Virtual Prenatal Yoga	28 5-5:45pm Outdoor Wiggles Workout	29 6-6:45pm Virtual Adult Belly Dance & Play	30	31 9-9:45am Virtual Yoga/Play 10-10:45am Virtual Postnatal Core Restore

Services available by appointment:

Reflexology and Reiki (with Tanja): Mon & Fridays 5:30-9pm,
Sundays 2-7pm

CranioSacral Therapy (with Preya): Tuesdays 3-6pm

In Home Lactation Services (with Jennifer): On Call Mon-Friday 9-2pm & 6-8pm

Counseling Services: See website for availability Day, Evening & Weekend Availability

Chiropractic Services (with Dr. Meagen) Home Visits: Mon & Wed 7am-3pm