

# Nature's Playhouse

an all-natural play and wellness center

# December 2020

Services & Event Calendar

sunday

monday

tuesday

wednesday

thursday

friday

saturday

## Services available by appointment:

**Reflexology and Reiki** (with *Tanja*): Mon & Fridays 5:30-7pm, Sundays 2-7pm

**CranioSacral Therapy** (with *Preya*): Tuesdays 3-6pm

**Chiropractic Services** (with *Dr. Meagen*) Home Visits: Mon and Wed 7am-3pm

**Home-Based Lactation Services** (with *Jennifer*): On Call Mon-Friday 9-2pm & 6-8pm

**Counseling Services:** See website for Day, Evening & Weekend Availability

703 Livernois, Ferndale, MI 48220 | ph: 248.955.3219 | www.naturesplayhouse.com

29	30 10-10:45am Virtual Yoga Play	1 10-10:30am Virtual Storytime 6-7pm Virtual It Takes A Village 7:30-8:30pm Virtual Prenatal Yoga	2 5:00-5:45pm Virtual Wiggles Workout	3 6-6:45pm Virtual Adult Belly Dance & Play	4	5 9-9:45am Virtual Yoga Play 10-10:45am Virtual Postnatal Core Restore
6	7 10-10:45am Virtual Yoga Play	8 10-10:30am Virtual Storytime 6-7pm Virtual It Takes A Village 7:30-8:30pm Virtual Prenatal Yoga	9 5:00-5:45pm Virtual Wiggles Workout	10 6-6:45pm Virtual Adult Belly Dance & Play	11	12 9-9:45am Virtual Yoga Play 10-10:45am Virtual Postnatal Core Restore 11-12:30pm Virtual Baby Wearing Group
13	14 10-10:45am Virtual Yoga Play	15 10-10:30am Virtual Storytime 6-7pm Virtual It Takes A Village 7:30-8:30pm Virtual Prenatal Yoga	16 5:00-5:45pm Virtual Wiggles Workout	17 6-6:45pm Virtual Adult Belly Dance & Play 8:30-9:30pm Virtual La Leche League Meeting	18	19 9-9:45am Virtual Yoga Play 10-10:45am Virtual Postnatal Core Restore
20	21 10-10:45am Virtual Yoga Play	22 10-10:30am Virtual Storytime 6-7pm Virtual It Takes A Village 7:30-8:30pm Virtual Prenatal Yoga	23 5:00-5:45pm Virtual Wiggles Workout	24 CLOSED Happy Holidays	25 CLOSED Happy Holidays	26 9-9:45am Virtual Yoga Play 10-10:45am Virtual Postnatal Core Restore
27	28 10-10:45am Virtual Yoga Play	29 10-10:30am Virtual Storytime 6-7pm Virtual It Takes A Village 7:30-8:30pm Virtual Prenatal Yoga	30 5:00-5:45pm Virtual Wiggles Workout	31 CLOSED for New Years Eve	1 CLOSED for New Years	2 9-9:45am Virtual Yoga Play 10-10:45am Virtual Postnatal Core Restore